

2024 LESSONS ARE HERE!

WHAT TO LOOK FORWARD TO

We are offering 30 minute, 1 hour, and 1.5 hour lessons

Family Well-Being For Children in Your Care

Wiggles and Giggles
Eating With Ease

Saying No to Time Wasters

Loose Parts for Infants and Toddlers

Diversity and Inclusion in Early Childhood

Breastfeeding Policy

Stress Management

Fun Ways to Teach Math

*The 1.5 hour lessons will have more discussion and more activities that will facilitate learning to help participants learn more about the concepts being covered

