

# EH NEWSLETTER

April 2025

## Howard County Members Attend AEHC Spring Rally

Members from the New Horizon and Moonlighters Extension Homemaker Clubs recently attended the Spring Arkansas Extension Homemaker Rally, “*Gliding into the Future*” at the Wyndham Riverfront Hotel in Little Rock. Members attended several educational sessions and networked with hundreds of other Extension Homemakers from across Arkansas. *Pictured from left to right – Margie Green, Martha Armstrong, Corliss Lewis, & Pearl Snell.*



## ServSafe

The Howard County FCS program will host a ServSafe program on April 24-25. If you know someone who works in the food service industry and needs their certification, have them call the office at 870-845-7517 to sign up.

## Quilt Workshop

The April Quilt Workshop will be on Friday, April 18, 2025, at 9:00 a.m. Please note the date change because of ServSafe Training.

## April Leader Lesson and Board Meeting

***Simplifying*** is the name of the April EHC Leader Lesson scheduled for Tuesday, April 22 at 10:00 at the Extension Homemaker Center. We will learn tips and tricks to clear out clutter from our physical surroundings and our minds. **If you attend, please bring something that brings you joy! If it's too large to bring, please take a photo to share with the group.** Board Meeting will follow.

## EHC Spring Council Meeting

“*When Life Gives You Lemons, Make Lemonade*,” is the theme for this year’s Howard County Spring Council meeting scheduled for **Friday, May 2** at the EH

Howard County  
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Samantha Horn –  
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Dawson Bailey -  
CEA – Agriculture

Angie Freel –  
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Deb Kreul –  
Administrative  
Specialist III

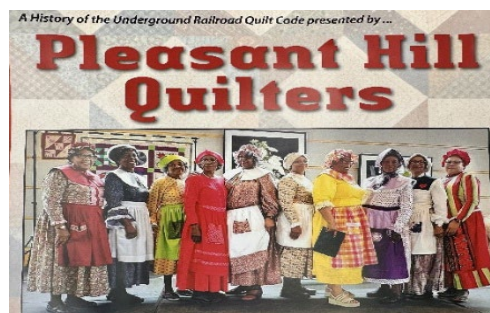
Center. Special thanks to our energetic, creative planning committee for working hard to plan an educational and enjoyable meeting.

### **May is Extension Homemaker Month**

EHC is part of an incredible organization with almost 3,000 members in Arkansas, but you're also part of a national and international community too. EHC programming in Howard County certainly aligns with your statewide project, "EHC CARES" which focuses on mental health. Having social connections can make a powerful contribution to your overall health so please invite your friends and relatives to come join our program.

### **Pleasant Hill Quilters**

The Pleasant Hill Quilters group will be performing on Saturday, May 17 at the Harrison Chapel Church on 2848 Highway 26 East; between Antoine and Delight. This group is dedicated to the preservation and the art of quilt making. They have combined their talents with history to present a dynamic presentation of the Underground Railroad Quilt Code. They also use their skills to raise funds for worthy causes including the restoration and preservation of the Pleasant Hill Center – a historic Rosenwald school. \$15 admission cash/check.



### **Volunteer EHC Agreement Forms**

If you received a letter from me in the mail with a self-addressed stamped envelope to return your Volunteer EHC Agreement Form, please sign and return as soon as possible.

### **Yearbook Meeting**

The EHC Yearbook committee plans to meet soon, but they would love your help! If you have any suggestions for Leader Lessons for the upcoming year, please email me at [afreel@uada.edu](mailto:afreel@uada.edu) and let me know.

### **Club Officer Elections**

It's time to start thinking about club officers for next year. Your nominating committees should be meeting to begin visiting with those interested in serving on your executive committees.

### **EHC College Scholarships**

Please share with former 4-H'ers or other college students who may qualify for these scholarships. Each year, the Arkansas Extension Homemakers Council awards two \$1000 college scholarships to college

juniors majoring in Family & Consumer Sciences. (Dr. Lynn Russell Memorial and Betty F. Oliver Memorial). Click the link below for full criteria and application. Deadline for submitting to the state extension office is April 21. [https://uaex.uada.edu/life-skills-wellness/extension-homemakers/FCS-751AEHC Scholarship Criteria for Two 1000 Schoarships.pdf](https://uaex.uada.edu/life-skills-wellness/extension-homemakers/FCS-751AEHC%20Scholarship%20Criteria%20for%201000%20Scholarships.pdf)

### **State AEHC meeting June 3-5, 2025**

Rooms are available at The Holiday Inn Airport Conference Center at a special rate for EHC attendees during the week of the conference. Call 501-235-2044 or visit <https://shorturl.at/VhReX> and mention Arkansas Extension Homemaker Council. When using the link, be sure to enter the conference dates to book the discount rate. Reservations must be made by May 19 to receive the discount. Standard Room - \$94.00 King Suite - \$104.00.

### **Recipe of the Month**

I've been perusing the Howard County cookbooks in my office. I've decided to include some delightful recipes from our historical recipe archives. This one is sure to be a hit on Easter Sunday! You can lighten it up by using light or fat free ingredients and a sugar substitute. Graham cracker crust is delicious with this recipe too.

From the 2006 *Sharing Our Best Recipes* Howard County EHC Cookbook

~ Judy Funderburg – Liberty EHC

#### **PEANUT BUTTER PIE**

8 oz. cream cheese  
2 c. granulated sugar  
1 c. smooth peanut butter  
1 c. sweet milk  
1 ctn. Cool Whip  
2 baked pie shells  
Chocolate bar (optional)

Cream together cream cheese, sugar, and peanut butter until smooth. Add milk and blend well. Fold in Cool Whip until well mixed. Pour into pie shells and freeze or refrigerate. Remove from freezer about 15 minutes before serving. Shred a chocolate bar over pie for decoration.

***“Believe you can, and you are halfway there”  
Theodore Roosevelt***

**Angie’s Out of Town Schedule**

**April 1-3 – Annual Family and Consumer Science In-Service – Little Rock**

**April 10 - 4-H FCS Projects In-Service - Ferndale**

**April 23 – Tri-District Conference**

Sincerely,

A handwritten signature in black ink that reads "Angie Freel". The script is cursive and fluid, with the first letters of each name being capitalized and prominent.

**Angie Freel  
County Extension Agent – FCS**

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