Sizes of Rice



Short Grain



Grain Size

Short and slightly round

Texture

Starchy, soft and sticky

Common Uses

Sushi, rice balls, and rice pudding



Medium Grain



Grain Size

Stubby grain that is two times longer than it is wide

Texture

Clings together, moist and tender

Common Uses

Risotto, paella and side dishes



Long Grain



Grain Size

Long and slender; around three to four times longer than it is wide

Texture

Firm, relatively dry, and fluffy

Common Uses

Salad, stir-fry and soups



