

# RICE BRAN

## Nutrition Facts

**Serving Size** 2 Tbsp. (15g)

Amount per serving

**Calories** 50

% Daily Value\*

**Total Fat** 3g 5%

Saturated Fat 0.5g 2%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 0mg 0%

**Total Carbohydrates** 8g 3%

Dietary Fiber 4g 17%

Sugar 1g

**Protein** 2g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 6%

Phosphorus 20%

Magnesium 35%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

**Ingredients: Rice Bran.**